

# JOB SCHEDULE

*Don't let your layoff or furlough dictate your future.  
Use this schedule to manage your new workday*

**7:00 am | Exercise / Morning Walk**

**8:00 am | Job Search & Resume**

**9:30 am | Take a Masterclass**

**11:00 am | Network**

**12:00 pm | Lunch Break**

**1:30 pm | Literature Hour**

**2:30 pm | Prospecting Training**

**3:30 pm | Learn a language**

**4:30 pm | Microsoft Suite Training**